

LEMON CHICKEN STIR FRY

Nutrition Facts

1 servings per container

Serving size1 Container

Amount Per Serving

Calories620

% Daily Value*

Total Fat 24g31%

Saturated Fat 4.39g22%

Trans Fat 0.3g

Cholesterol 145mg48%

Sodium 1190mg52%

Total Carbohydrate 50g18%

Dietary Fiber 5g18%

Total Sugars 9g

Includes 4g Added Sugars8%

Protein 54g108%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.