

SALMON WITH SUMMER SALSA

Nutrition Facts	
1 servings per container	
Serving size	1 Container
Amount Per Serving	
Calories	490
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 3g	15%
<i>Trans</i> Fat 2g	
Cholesterol 80mg	27%
Sodium 840mg	37%
Total Carbohydrate 40g	15%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 33g	66%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	